

Blitzima®

Patient information leaflet BLITZIMA

SCHEDULING STATUS **S4**

PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM BLITZIMA 100 mg concentrate for infusion BLITZIMA 500 mg concentrate for solution for infusion

Read all of this leaflet carefully before you start using BLITZIMA

- Keep this leaflet. You may need to read it again.
- If you have further questions, please ask your doctor or your pharmacist.
- BLITZIMA has been prescribed for you personally and you should not share your medicine with other people. It may harm them, even if their symptoms are the same as yours.

1. WHAT BLITZIMA CONTAINS

Each ml contains 10 mg rituximab.
Each vial contains 100 mg (in 10 ml) or 500 mg (in 50 ml) rituximab.
The other ingredients are polysorbate 80, sodium chloride, tri-sodium citrate dihydrate, water for injections, Sugar free.

2. WHAT BLITZIMA IS USED FOR

- BLITZIMA may be used for the treatment of several different conditions in adults. Your doctor may prescribe BLITZIMA for the treatment of:
 - Non-Hodgkin's Lymphoma
 - Chronic lymphocytic leukaemia
 - Granulomatosis with polyangiitis or microscopic polyangiitis

3. BEFORE YOU USE BLITZIMA

Do not use BLITZIMA if:

- you are hypersensitive (allergic) to rituximab, other proteins which are like rituximab, or any of the ingredients of BLITZIMA (see WHAT BLITZIMA CONTAINS).
- you have a severe active infection at the moment, infection with tuberculosis (TB), or have recently been in close contact with someone who has a tuberculosis (TB) infection.
- you have a weak immune system
- you have severe heart failure or severe uncontrolled heart disease and have granulomatosis with polyangiitis or microscopic polyangiitis.

Do not use BLITZIMA if any of the above apply to you. If you are not sure, talk to your doctor, pharmacist or nurse before you use BLITZIMA.

Take special care with BLITZIMA:

- If you think you may have an infection, even a mild one like a cold. The cells that are affected by BLITZIMA help to fight infection and you should wait until the infection has passed before you use BLITZIMA. Also tell your doctor if you have had a lot of infections in the past or suffer from severe infections.
- If you think you may need any vaccinations in the near future, including vaccinations for travel to other countries. Some vaccines should not be given at the same time as BLITZIMA or in the months after you receive BLITZIMA. Your doctor will check if you should have any vaccines before you use BLITZIMA.
- If you have ever had or might now have a hepatitis infection. This is because in a few cases, BLITZIMA could cause hepatitis B to become active again, which can be fatal in very rare cases. Patients who have ever had hepatitis B infection will be carefully checked by their doctor for signs of this infection.
- If you have ever had heart problems (such as angina, palpitations or heart failure) or breathing problems.

If any of the above apply to you (or you are not sure), talk to your doctor, pharmacist or nurse before you use BLITZIMA. Your doctor may need to take special care during your treatment with BLITZIMA.

If you have granulomatosis with polyangiitis or microscopic polyangiitis also tell your doctor:

- If you think you may have an infection, even a mild one like a cold. The cells that are affected by BLITZIMA help to fight infection and you should wait until the infection has passed before you use BLITZIMA. Also tell your doctor if you have had a lot of infections in the past or suffer from severe infections.
- If you think you may need any vaccinations in the near future, including vaccinations for travel to other countries. Some vaccines should not be given at the same time as BLITZIMA or in the months after you receive BLITZIMA. Your doctor will check if you should have any vaccines before you use BLITZIMA.

Children and adolescents

Talk to your doctor, pharmacist or nurse before you are given this medicine if you, or your child, are under 18 years of age. This is because there is not much information about the use of BLITZIMA in children and young people.

Pregnancy and breastfeeding:

If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking BLITZIMA.

You must tell your doctor or nurse if you are pregnant, think that you might be pregnant or are planning to become pregnant. This is because BLITZIMA can transfer across the placenta and may affect your baby.

If you can get pregnant, you and your partner must use an effective method of contraception while using BLITZIMA. You must also do this for 12 months after your last treatment with BLITZIMA.

Do not breastfeed while you are being treated with BLITZIMA. This is because BLITZIMA may pass into breast milk.

Driving and using machinery: BLITZIMA may impair your ability to drive a vehicle or use machines. Take special care before performing tasks requiring your attention, until you know how BLITZIMA will affect you.

Taking other medicines with BLITZIMA

Always tell your healthcare professional if you are taking any other medicines. (This includes complementary or traditional medicines.)

Tell your doctor or pharmacist if you are currently using:

- If you are taking medicines for high blood pressure. You may be asked not to take these other medicines 12 hours before you are given BLITZIMA. This is because some people have a fall in their blood pressure while they are being given BLITZIMA as a drip (intravenous infusion).
- If you have ever taken medicines which affect your immune system, such as chemotherapy or immune-suppressive medicines.

4. HOW TO TAKE BLITZIMA

Do not share medicines prescribed for you with any other person.
Always take BLITZIMA exactly as your doctor has instructed you.
You should check with your doctor or pharmacist if you are unsure.

How it is given
BLITZIMA will be given to you by a doctor or nurse who is experienced in the use of this treatment. They will watch you closely while you are being given this medicine. This is in case you get any side effects. You will always be given BLITZIMA as a drip (intravenous infusion).

Medicines given before each BLITZIMA intravenous infusion
Before you are given BLITZIMA, you will be given other medicines (pre-medication) to prevent or reduce possible side effects.

How much and how often you will receive your treatment
a) If you are being treated for non-Hodgkin's Lymphoma
If you are having BLITZIMA alone
BLITZIMA will be given to you once a week for 4 weeks. Repeated treatment courses with BLITZIMA are possible.

b) If you are having BLITZIMA with chemotherapy
BLITZIMA will be given to you on the same day as your chemotherapy. This is usually given every 3 weeks up to 8 times.

c) If you respond well to treatment, you may be given BLITZIMA every 3 or 3 months for two years. Your doctor may change this, depending on how you respond to the medicine.

d) If you are being treated for chronic lymphocytic leukaemia
When you are treated with BLITZIMA in combination with chemotherapy, you will receive BLITZIMA every 28 days until you have received 6 doses. The chemotherapy should be given after the BLITZIMA infusion. Your doctor will decide if you should receive other treatment at the same time.

e) If you are being treated for granulomatosis with polyangiitis or microscopic polyangiitis
Treatment with BLITZIMA uses four separate infusions given at weekly intervals. A corticosteroid medicine will usually be given by injection before the start of BLITZIMA treatment. Corticosteroid medicine given by mouth may be started at any time by your doctor to treat your condition.

If you receive more BLITZIMA than you should:
Since BLITZIMA is administered by your doctor or nurse, it is unlikely that you will be given too much. There are no known side effects of receiving too much BLITZIMA.

If you forget or miss your BLITZIMA infusion:
If you forget or miss an appointment to receive BLITZIMA, make another appointment as soon as possible.

5. POSSIBLE SIDE EFFECTS
BLITZIMA can have side effects.
Not all side effects reported for BLITZIMA are included in this leaflet.
Should your general health worsen or if you experience any untoward effects while taking BLITZIMA, please consult your doctor, pharmacist or other healthcare professional for advice.

Infection reactions
During or within the first 2 hours of the first infusion you may develop fever, chills and shivering. Less frequently, some patients may get pain at the infusion site, illness, itching, soreness, redness, headache, breathing difficulties, tongue or throat swelling, itchy or runny nose, vomiting, flushing or palpitations, heart attack or low number of platelets. If you have heart disease or angina, these infusion reactions might get worse. Tell the person giving you the infusion immediately if you develop any of these symptoms, as the infusion may need to be slowed down or stopped. You may require additional treatment such as an antihistamine or paracetamol. When these symptoms go away, or improve, the infusion can be continued. These reactions are less likely to happen after the second infusion.
Your doctor may decide to stop your BLITZIMA treatment if these reactions are serious.

Infections
Tell your doctor immediately if you get signs of an infection including:
fever, cough, sore throat, burning pain when passing urine or feeling weak or generally unwell
memory loss, trouble thinking, difficulty walking or sight loss – these may be due to a rare brain, serious brain infection, which has been fatal (progressive multifocal leukoencephalopathy or PML).
You might get infections more easily during your treatment with BLITZIMA. These are often colds, but there have been cases of pneumonia or urinary infections.

If you are being treated for granulomatosis with polyangiitis or microscopic polyangiitis, you will also find this information in the Patient Alert Card you have been given by your doctor. It is important that you keep this Alert Card and show it to your partner or caregiver.

Skin reactions
Very rarely, severe blistering skin conditions that can be life-threatening may occur. Redness, often associated with blisters, may appear on the skin or on mucous membranes, such as inside the mouth, the genital area or the eyelids, and may be present.
Tell your doctor immediately if you have any of these symptoms.

Tell your doctor as soon as possible if you notice any of the following:
a) If you are being treated for non-Hodgkin's Lymphoma or chronic lymphocytic leukaemia
Frequent:
bacterial or viral infections, bronchitis

- low number of white blood cells sometimes with fever, or low number of blood cells called 'platelets'
- feeling sick (nausea)
- bad spots on the scalp, chills, headache
- lower immunity – because of lower levels of anti-bodies called "immunoglobulins" (IgG) in the blood which help protect against infection
- infections of the blood (sepsis), pneumonia, shingles, cold, bronchial tube infections, fungal infections, infections of unknown origin, sinus inflammation, hepatitis B
- low number of red blood cells (anaemia), low number of all blood cells
- allergic reactions (hypersensitivity)
- high blood sugar level, weight loss, swelling in the face and body, high levels of the enzyme LDH in the blood, low calcium levels in the blood
- unusual feelings of the skin – such as numbness, tingling, pricking, burning, a creeping skin feeling, reduced sense of touch
- feeling restless, problems falling asleep,
- becoming very red in the face and other areas of the skin as a consequence of dilation of the blood vessels
- feeling dizzy or anxious
- producing more tears, tear duct problems, inflamed eye (conjunctivitis)
- ringing sound in the ears, ear pain
- heart problems – such as heart attack and uneven or fast heart rate
- high or low blood pressure (low blood pressure especially when standing upright)
- tightening of the muscles in the lungs which causes wheezing (bronchospasm), inflammation, irritation in the lungs, throat or sinuses, being short of breath, runny nose
- being sick (vomiting), diarrhoea, pain in the stomach, irritation or ulcers in the throat and mouth, problems swallowing, constipation, indigestion
- eating disorders (not eating enough, leading to weight loss)
- hives, increased sweating, night sweats
- muscle problems – such as tight muscles, joint or muscle pain, back and neck pain
- general discomfort or feeling uneasy or tired, shaking, signs of flu
- multiple organ failure.

- Less frequent:
blood clotting problems, decrease of red blood cell production and increase of red blood cell destruction (idiopathic haemolytic anaemia), swollen or enlarged lymph nodes
- low mood and loss of interest or enjoyment in doing things, feeling nervous
- taste problems – such as changes in the way things taste
- heart problems – such as reduced heart rate or chest pain (angina)
- asthma, too little oxygen reaching the body organs
- severe vision loss
- general discomfort or feeling uneasy or tired, shaking, signs of flu
- short term increase in the amount of some types of antibodies in the blood (called immunoglobulins – IgM), chemical disturbances in the blood caused by break-down of dying cancer cells
- nerve damage in arms and legs, paralysed face
- heart failure
- inflammation of blood vessels including those leading to skin symptoms
- respiratory failure
- irritation of the intestinal wall (perforation)
- severe skin problems causing blisters that can be life-threatening. Redness, often associated with blisters, may appear on the skin or on mucous membranes, such as inside the mouth, the genital area or the eyelids, and fever may be present.
- kidney failure
- severe vision loss

- Frequency not known:
a reduction in white blood cells which does not happen straight away
- reduced platelets number just after the infusion – this can be reversed, but can be fatal in rare cases
- hearing loss, loss of other senses

- b) If you are being treated for granulomatosis with polyangiitis or microscopic polyangiitis
Frequent:
infections, such as chest infections, urinary tract infections (pain on passing water), colds and herpes infections

- allergic reactions that are most likely to occur during an infusion, but can occur up to 24-hours after infusion
- diarrhoea
- coughing or shortness of breath
- cold sores
- raised blood pressure
- stiff joints or back
- muscle twitches or shakiness
- feeling dizzy
- tremor (shakiness, often in the hands)
- difficulty sleeping (insomnia)
- swelling of the hands or ankles
- indigestion
- constipation
- skin rashes, including acne or spots
- flushing or redness of the skin
- blocked nose
- tight or painful muscles
- pain in the muscles or in the hands or feet
- low number of red blood cells (anaemia)
- low numbers of platelets in the blood
- an increase in the amount of potassium in the blood
- changes in the rhythm of the heart, or the heart beating faster than normal

- Less frequent:
severe blistering skin conditions that can be life-threatening. Redness, often associated with blisters, may appear on the skin or on mucous membranes, such as inside the mouth, the genital area or the eyelids, and fever may be present.

- recurrence of a previous Hepatitis B infection
BLITZIMA may also cause changes in laboratory tests carried out by your doctor.

- If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

- 6. STORAGE AND DISPOSING OF BLITZIMA
Do not store at 2 °C to 8 °C.
Keep the container in the outer carton in order to protect from light.

- Diluted product
The prepared infusion solution of rituximab is physically and chemically stable for 24 hours at 2 °C to 8 °C and subsequently 12 hours at room temperature (not more than 30 °C).

- From a microbiological point of view, the prepared infusion solution should be used immediately. If not used immediately, in-use storage times and conditions prior to use are the responsibility of the user and would normally not be longer than 24 hours at 2 °C to 8 °C, unless dilution has taken place in controlled and validated aseptic conditions.

- STORE ALL MEDICINES OUT OF REACH OF CHILDREN.
Do not use after the expiry date printed on the carton.

- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).
- Do not dispose of unused medicine in your household waste.

- 7. PRESENTATION OF BLITZIMA
BLITZIMA 100 mg: Clear, colourless, type I glass vial with a chlorobutyl rubber stopper and an aluminium seal with a yellow flip-off cap. Pack of 2 vials.

- BLITZIMA 500 mg: Clear, colourless, type I glass vial with a chlorobutyl rubber stopper and an aluminium seal with a dark grey flip-off cap. Pack of 1 vial.

- 8. IDENTIFICATION OF BLITZIMA
Clear, colourless solution.

- 9. REGISTRATION NUMBERS
BLITZIMA 100 mg: 53/26/0508
BLITZIMA 500 mg: 53/26/0507

- 10. NAME AND ADDRESS OF REGISTRATION HOLDER
Adcock Ingram Limited
New Road 1
Erand Gardens
Midrand, 1685
South Africa



Pasientinligtingstuk vir BLITZIMA

SKEDULERINGSTATUS **S4**

BEKENDENAAM, STERKE EN DOSEERVORM BLITZIMA 100 mg konsentrasie vir oplossing vir infusie BLITZIMA 500 mg konsentrasie vir oplossing vir infusie

Lees hierdie inligtingstuk sorgvuldig deur voordat u begin om BLITZIMA te gebruik:

- Hou hierdie inligtingstuk. Dit mag nodig wees om dit weer te lees.
- Readseeg asseblief u dokter of apoteker indien u verdere vrae het.
- BLITZIMA is vir u persoonlik voorgeskryf en u moet nie u medisyne met ander persone deel nie. Dit mag skaadel vir hulle wees, selfs al is hul simptome dieselfde as u's.

1. WAT BLITZIMA BEVAT

Eke ml bevat 10 mg rituximab.
Eke flesse bevat 100 mg (in 10 ml) of 500 mg (in 50 ml) rituximab.
Die ander bestanddele is polysorbaat 80, natriumchloried, tri-natriumstraatsuurhidraat, water vir inspuitings, Suikervry.

2. WAARVOOR BLITZIMA GEBRUK WORD

- BLITZIMA kan gebruik word vir die behandeling van verskeide toestande in volwassenes. U dokter kan BLITZIMA vir die behandeling van die volgende voorsoif:
 - Chronic lymphocytic leukaemia
 - Granulomatosis met poliangiitis of mikroskopiese poliangiitis

3. VOORDAT U BLITZIMA GEBRUK

Moenie BLITZIMA gebruik:

- Indien u hipersensitief (allergies) vir rituximab, ander proteïene wat soos rituximab is, of enige van die ander bestanddele van BLITZIMA (sien WAT BLITZIMA BEVAT) is nie.
- Indien u tans 'n erge aktiewe infeksie het, infeksie met tuberkulose (TB) het of onlangse in noue kontak was met iemand wat tuberkulose (TB) het nie.
- Indien u 'n swak immuunstelsel het nie.
- Indien u ernstige hartversaking of ernstige orgaangetreerde hartsekte en granulomatose met poliangiitis of mikroskopiese poliangiitis het nie.

Moenie BLITZIMA gebruik indien enige van bogenoemde op u van toepassing is nie. Indien u nie seker is nie, raadpleeg u dokter, apoteker of verpleegster voordat u BLITZIMA gebruik.

Neem spesiale sorg met BLITZIMA:

- Readseeg u dokter, apoteker of verpleegster voordat u BLITZIMA gebruik:
 - Indien u al ooit gedragteer is met tuberkulose (TB) infeksie of dit tans dalk het. Dit is omdat BLITZIMA kan veroorsaak dat die tuberkulose infeksie weer aktief word. Vir hierdie rede kan u dokter u toets vir tuberkulose aanbeveel voordat u BLITZIMA gebruik. U moet ook aan BLITZIMA gebruik word nie, asook nie in die maande nadat u BLITZIMA ontvang het nie. U dokter sal seker maak of u enige ineratings moet hê voordat u BLITZIMA gebruik.
 - Indien u ooit 'n hepatitis infeksie gehad of dit dalk tans het. Dit is omdat BLITZIMA in 'n paar gevalle kan veroorsaak dat hepatitis-B weer aktief word, wat in baie seldsame gevalle noodlottig kan wees. Pasiente wat ooit hepatitis-B infeksie gehad het, sal sorgvuldig deur hul dokter nagaan word vir tekens van hierdie infeksie.
 - sewre visie loss
 - algemeen ongemak of ongemaklike voel of moegheid, skud, telens van grip
 - veelvuldige orgaanversaking

Indien enige van die bogenoemde van u van toepassing is (of indien u nie seker is nie), raadpleeg u dokter, apoteker of verpleegster voordat u BLITZIMA gebruik.

Indien u BLITZIMA gebruik, kan u ernstige komplikasies ontwikkel, soos:

- bloedsirkulasieprobleme, afname in rooibloedselproduksie en toename in vermieting van rooibloedsele (aplastiese hemolitiese anemie), swelling of vergrote limfknope
- lae gemiddeld verlies aan belangstelling of plezier om dinge te doen, sensuïteitig voel
- anisoopieprobleme – soos veranderinge in die manier hoe dinge smaak
- hartprobleme – soos verminderde hartklop of borspyn (angina)
- diarree, te min suurstof wat die longasmeasemas breek
- swelling van die maag
- korttermyn toename in die hoeveelheid van sommige soort taerliggampies in die bloed (genamd immunoglobulien – IgM), chemiese veranderinge in die bloed veroorsaak deur die afbreek van sterwende kankerselle
- seweweskade in arms en bene, verlamde gewig
- hartversaking
- ontsteking van die buidelwand insluitend die wat tot velkimpome lei
- respiratoriese versaking
- skade aan die dermawand (perforasie)
- ernstige verhoogsde bloeddruk
- valvulite, verhoogsde sweet, nagswet
- sperprobleme – soos stywe spiere, gewigs- of spierpyn, rug- of gewig
- algemeen ongemak of ongemaklike voel of moegheid, skud, telens van grip
- veelvuldige orgaanversaking

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Indien u BLITZIMA gebruik, kan u ernstige komplikasies ontwikkel, soos:

- bloedsirkulasieprobleme, afname in rooibloedselproduksie en toename in vermieting van rooibloedsele (aplastiese hemolitiese anemie), swelling of vergrote limfknope
- lae gemiddeld verlies aan belangstelling of plezier om dinge te doen, sensuïteitig voel
- anisoopieprobleme – soos veranderinge in die manier hoe dinge smaak
- hartprobleme – soos verminderde hartklop of borspyn (angina)
- diarree, te min suurstof wat die longasmeasemas breek
- swelling van die maag
- korttermyn toename in die hoeveelheid van sommige soort taerliggampies in die bloed (genamd immunoglobulien – IgM), chemiese veranderinge in die bloed veroorsaak deur die afbreek van sterwende kankerselle
- seweweskade in arms en bene, verlamde gewig
- hartversaking
- ontsteking van die buidelwand insluitend die wat tot velkimpome lei
- respiratoriese versaking
- skade aan die dermawand (perforasie)
- ernstige verhoogsde bloeddruk
- valvulite, verhoogsde sweet, nagswet
- sperprobleme – soos stywe spiere, gewigs- of spierpyn, rug- of gewig
- algemeen ongemak of ongemaklike voel of moegheid, skud, telens van grip
- veelvuldige orgaanversaking

Indien enige van die bogenoemde van u van toepassing is (of indien u nie seker is nie), raadpleeg u dokter, apoteker of verpleegster voordat u BLITZIMA gebruik.

Ind

